

Speak UP!

A newsletter by and for people with Down syndrome

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Call the DS NSW office
for details:

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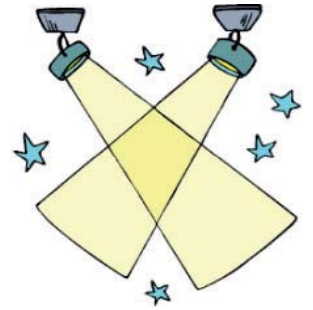
Or email Brooke at:

upclub@dsansw.org.au

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Spotlight on



JOY MAGSAKAY

Hi I am Joy! I'm turning 21 this coming June. I love dancing, singing and acting. I love traveling too. My favourite singer is Jessica Simpson. I enjoyed the time when I watched movie with the members of the club at the city. I'm looking forward to the next event. See you soon!



Don't forget to keep sending Brooke and myself any achievements you have made throughout the year.

My email address is: elizaj@optusnet.com.au

By Eliza Bailey, Editor

TASTE OF SYDNEY FESTIVAL

I would like to write about Taste of Sydney at Centennial Park

We met at 11am to 4 we met at Jet Cafe with your Friends and Brooke and the Volunteers too.

We catch the Bus and we walk to the Place

When we got there we walk around and have Taste the Food it is so yummy

We have a great day it is a good time to taste the Food we sit down and Relax and listen to the Band and we have a great time Together

We love the Food we enjoy your Company your friends

Thank you Brooke thank you so much buy the Tickets it us we enjoy your day thank you so much Brooke Orange the Day Brooke again

Bye

Louise Richardson



UP! CLUB AT LAZER TAG

We Met at the Jet Cafe in the City with your friends with Brooke and Volunteers we have new Voonteers that Day Welcome to the Up Club I hope you came again next event with Up Club I hope have a great Day I hope we see you again

We ctach the Bus from the City to Darling Harbour

We walk to the Place to Play Lazer Tag with your friends with Brooke and Vounteers too

We have Fun playing Lazer Tag the Game is about Shooting each to get Points we have a lovely day at Lazer Tag.

Thank you for Brooke orangize Lazer Tag thank you Brooke

We Catch the Bus to the Jet Cafe to go home

thanks agin Brooke



KNOW YOUR VOLUNTEERS

SCOTT BRIDGES



1. What are your interests/hobbies?

I really like spending quality time with my friends and family and I also love to socialise and meet new people. I enjoy anything to do with music and my biggest hobbies are djing and golf.

2. How long have you been a volunteer and why did you get involved?

I've been a volunteer with the UP Club for only a few months now which I've really enjoyed. I'm also involved with Ronald McDonald House and have been a volunteer with them for about 6 or 7 years. I'm also a telephone counsellor for Lifeline, which is another very rewarding experience and something I like doing quite a lot.

3. What do you enjoy most about the UP Club?

The biggest thing would have to be how friendly the people are and that they've been so welcoming from day one. I feel like I've made so many new friends already and I look forward to that continuing as time goes on.

4. Do you have anything else you'd like to add?

I've really enjoyed the experiences that the UP Club have given me so far.

My email address is scottbridges76@gmail.com if anyone would like to have a chat, I'd love to hear from you!