

Speak UP!

Issue 20

February 2006

UP-Coming Events

Karaoke
Pub
Movie Clubs
Girls/Boys night out

Call the office for
Details:

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Spotlight on



Annalise Fadeev

Hi my name is Annalise Fadeev. There are 4 people in my family. My mum Katherine, dad Nick, my sister Zoe and me.

I work at Spotlight, Dee Why. I tidy stock, put new stock out.

My hobbies are tennis, basketball, golf, swimming,

jazz dancing, listening to CD's and scrap booking.

My close friends are Eliza Jane, Bernie, Josie and Beth.

My two great pets are Bart the dog, and Charlotte the cat.

Thank you for reading my story about me.

Movie Review: Bridget Jones' Diary

Mark and Bridget are the best couple in the movie, but when her ex-boyfriend, Daniel came back on television, she saw him. Daniel and Bridget went on a holiday together. He tried to steal Bridget away from mark. Bridget saw mark with another woman and thought he was cheating on her so she broke up with him. He wasn't cheating on her. Bridget went to jail for drugs in the snake bowl that her friend gave her. Mark saved her and got her out of jail. Mark proposed to Bridget, she ran to him and gave him a huge hug and they lived happily ever after.

By Julia Wilcox



Job Spot

Danielle Pham

1. *Where do you work?*

Down Syndrome NSW, in North Parramatta

2. *How long have you been there?*

Few months

3. *What do you do in your job?*

I do mail, bathroom, clean toilet, stamping, bins and dishes

4. *What is your favourite job?*

I love stamping, sharing the work together

5. *Is there anything in your job that you don't like?*

No ! I love all my tasks and working together as a team.

6. *Tell me about your work mates ?*

I work very well with my co-workers, they are great to work with especially Carlie who helped me with my stamping.



Editor's Column

By Eliza Bailey

My email address is elizaj@optusnet.com.au if anybody wants to send me anything for Speak Up.

Eliza



Cat and Fiddle, January

On 27th January we all the Up Club meet up at the Jet Café at 6.30 pm and we got a bus to Balmain to a pub called the Cat and Fiddle for dinner and catch up with our friends. It was a lot of fun. We finished around 10.30 pm. Some of us went in to see the band play.

Peita Lind

Up Club Out and About !



UP! Club Strategic Planning day

Louise Richardson
UP CLUB REPORT

On Feb the 5th Up Club met at Jet Cafe and we walked down to the King George V Recreation Centre in The Rocks

We talk about what we wanted to do this year Activities we would like are the movies, karaoke and of course - a camp , We had Lunch and walked to the Jet cafe and home , we had a lot of fun seeing our friends again.

The Activities voted at George V Recreation Centre in The Rocks, 5th February, 2006:

Camp

Movies at Miranda

Karaoke

Darling harbour Party

Movie Club

Concerts

BBQ Dinner at Eliza's house

Christmas Party

Picnics e.g. Como Park

Moon light cinema

Yum Cha

Luna Park

Harbour Cruise

Disco Bowling

Rugby League

Neighbours back stage

Lawn Bowling



KNOW YOUR VOLUNTEERS

- AMY SACCO -

Q 1) How did you get involved in the up club?

I found out about Down Syndrome NSW while I was at university when we were given a talk by a dentist who focuses on caring for people with special needs. It was mentioned that there was a need for volunteers and I knew volunteering was something I would enjoy doing. Then I visited the website and saw all of the photos, everyone was having so much fun I contacted the Association.

Q 2) How long have you been volunteering for?

I haven't been volunteering for that long at all. Only since this year. I have volunteered for various other organisations such as Youth off the Streets and St John Ambulance.

Q 3) What is the best thing about being a volunteer?

I love volunteering because the UP! Clubbers are so relaxed and have so much fun on the outings. I had a great time with everyone at the Cat and Fiddle and look forward to lots and lots of fun times.

Q 4) Any messages?

I would like to thank everyone including the Up! Clubbers and volunteers for welcoming me into the UP! Club and being so friendly and nice.

I look forward to being a friend to you all and also sharing some wonderful experiences.

