



Up Up & Away

NEWSLETTER

February 2009,

DSNSW

**HI EVERYONE, HAPPY NEW YEAR TO ALL.
WELCOME TO PHASE 3 OF THE UP UP AND
AWAY PROJECT.**

Hope you are all well and enjoying the warmer weather!!
Welcome to all our new participants and their families, and also to some of our previous participants who will be coming back to the monthly workshops, at Sutherland.

- I have been very busy this year, in recruiting of new team coaches/facilitators and new participants for phase 3 of our project.

- At present we have 5 new participants, and 3 new team coaches.
- We have moved our project from our meeting place of ryde/eastwood workshops, to Sutherland shire multi-purpose centre, flora street, Sutherland, where we will be meeting monthly for our new 2009 workshops.
- We now have participants in the Sutherland shire and the Wollongong, area who are excited about the opportunity to be part of the project.
- This gives other participants and their families from outer Sydney metro area, an opportunity to be part of our project.
- I have inserted some photos here of our new team coaches, that you all can be familiar with who is working on phase 3 of our project.
- LAUREN PARSON.



A big welcome to one of our new team coaches Lauren parson, who will be working with partipants in the Wollongong.

Lauren is currently undertaking a bachelors degree in occupational therapy, and she is very keen and excited to be working with our young people, and their families. Lauren is very motivated to assist young people achieve their goals, and to make a difference in their lives.



Another big welcome to Lisa Sloan.

Lisa is our new team coach/facilitator who will be working with participants in the Sutherland shire. Lisa has worked as an occupational therapist for many years, and is also a highly motivated and passionate coach and trainer.

Lisa will be bringing some great skills that will assist our participants in achieving their goals.

team voice news,

**Our team voice for 2009 is James vantol.
James has been our team voice for the past few years and wishes to continue on in his role as team voice. James enjoys his role as team voice, James is very keen to represent our new partipants, and support them in coming on board the project for 2009.**



**James Vantol
Team Voice**

A Message from James

Hi and welcome to the up , up and away project for 2009 we will be pleased to have you to be with us and do you have any enquires at all email me at

teamvoice@dsansw.org.au if you wish to email our project coordinator at upandaway@dsansw.org.au we will get back to you.

Our project office hours are 930am to 430pm if you wish to contact us at 96831900 or fax to us at 96834020 we will receive your enquires.

Please let us know if you got any issues we will get back to you with your enquires.

Thanks

James Vantol

Up, Up And Away Project
Team Voice

WORKSHOPS

Our workshops for this year will be held at the last Saturday of the month.

The first workshop will on at 28th February at 10.00am till 12.30pm at the Sutherland multi-purpose centre, flora street, Sutherland.

I will met with you all at our first workshop for the year, on Saturday the 28th of February, looking forward to a fun and exciting year of phase 3 of our project.

[Just a reminder for the DVD.](#)

The Right of Review screening for participants and their families will be on Saturday 7th February starting at 10.00am at Ryde Eastwood Leagues Club, Rydale Rd, West Ryde. You will have the chance to see and comment on the DVD at this point. Please put this date in your diary.

See you all soon.

Maria short up up and away

Project co-ordinator.